



JANUARY 2012

Agawam Public Schools

Note: Student Meal Prices \$ 2.00 / Student Milk Price \$.40

Elementary School Lunch Menu (K-4)

<u>DAILY ALTERNATES</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL!!</u>	2 Happy New Year!! 	3 WELCOME BACK... 5 <u>BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</u> WHIPPED MASHED POTATOES SEASONED SWEET PEAS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	4 BUTTERED NOODLES <u>W/ MEAT SAUCE ON THE SIDE</u> WARM "FRENCH" BREAD STICK CALIFORNIA MIXED VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	5 National Bird Day "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	6 <u>CHICKEN PATTIE SANDWICH ON A ROLL W/ CONDIMENTS</u> INDIVIDUAL BAKED CHEETOS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
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STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	23 Chinese New Year <u>TERIYAKI RICE BOWL</u> 1 - CUP STEAMED WHITE RICE ORIENTAL VEGETABLE BLEND 5 <u>TERIYAKI CHICKEN NUGGETS</u> FRESH & CHILLED FRUIT FORTUNE COOKIE	24 <u>CHEESE-BURGER ON A ROLL W/ LETTUCE & TOMATOES</u> OVEN BAKED FRENCH FRIES FRESH GREEN SQUASH COINS FRESH & CHILLED FRUIT PUDDING WITH TOPPING	25 <u>LAYERED MEXICAN TACO PIE WITH THE WORKS!!</u> 1 - CUP STEAMED WHITE RICE SEASONED CORN FRESH & CHILLED FRUIT **MINI CORN BREAD MUFFIN	26 National Kazoo Day <u>PIZZA OF THE DAY</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	27 GRAB & GO BAG LUNCH <u>"SHAVED" HAM & CHEESE ON WHOLE WHEAT BREAD</u> INDIVIDUAL CAPE-COD CHIPS FRESH MINI BABY CARROTS 4-OZ. APPLE & EVE JUICE BOX 2 PACK OREO COOKIE
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OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.
 FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.
 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON
 STUDENTS CAN SUBSTITUTE: YOGURT PACK, DELUXE SALAD, GRILLED CHEESE SANDWICH, OR SANDWICH OF THE DAY AS AN ALTERNATE MEAL.
 PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"
 BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS

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