



SEPTEMBER 2011

Agawam Public Schools

Note: Student Meal Prices \$ 2.00 / Student Milk Price \$.40

Junior High School Lunch Menu (7-8)

DAILY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>STUDENTS CAN SUBSTITUTE: * YOGURTPACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u></p>	<p>29 NEED THE MENU...??? GO TO... www.agawampublicschools.org * CLICK ON YOUR SCHOOL * CLICK ON LUNCH MENU * CLICK ON THE MONTH NO SCHOOL...</p>	<p>30 ATTENTION: FILL OUT AND RETURN STUDENT LUNCH "APPLICATION(S)" AS SOON AS POSSIBLE!! NO SCHOOL...</p>	<p>31 STUDENTS CAN SUBSTITUTE: * YOGURT PACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... AS A DAILY ALTERNATE MEAL NO SCHOOL...</p>	<p>1 TEACHERS' CONVOCATION  NO SCHOOL...</p>	<p>2 DISTRICT PROFESSIONAL DEVELOPMENT DAY  NO SCHOOL...</p>
<p>STUDENTS CAN SUBSTITUTE: * YOGURTPACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u></p>	<p>5 Labor Day </p>	<p>6 Welcome Back!! <u>POPCORN CHICKEN BITES WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE SEASONED CARROT COINS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT</p>	<p>7 Read a Book Day <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE</p>	<p>8 "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>	<p>9 <u>BBQ "PORK" RIB B-QUE SANDWICH ON A ROLL</u> BAKED POTATO WEDGES FRESH CHOPPED COLE SLAW FRESH SLICED WATERMELON ICE-CREAM SANDWICH</p>
<p>STUDENTS CAN SUBSTITUTE: * YOGURTPACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u></p>	<p>12 <u>TERIYAKI RICE BOWL</u> 1 - CUP STEAMED WHITE RICE ORIENTAL VEGETABLE BLEND 5 <u>TERIYAKI CHICKEN NUGGETS</u> FRESH & CHILLED FRUIT FORTUNE COOKIE</p>	<p>13 Scooby Doo's Birthday 5 <u>BAKED FRENCH TOAST STICKS W/ SYRUP FOR DIPPING</u> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS FRESH ORANGE WEDGES 100 % JUICE CUP</p>	<p>14 <u>AMERICAN CHOP SUEY WITH PARMESAN CHEESE</u> <u>STUFFED BOSCO BREAD STICK</u> SEASONED CORN FRESH & CHILLED FRUIT JELL-O WITH TOPPING</p>	<p>15 "GILARDI'S" "ULTRA-GRAIN" 5" <u>CHEESE PIZZA ROUND</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>	<p>16 <u>CHICKEN CAESAR WRAP ON A MEDITERRANEAN WRAP</u> INDIVIDUAL CAPE-COD CHIPS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...</p>
<p>STUDENTS CAN SUBSTITUTE: * YOGURTPACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u></p>	<p>19 5 <u>BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</u> WHIPPED MASHED POTATOES SEASONED GREEN PEAS FRESH & CHILLED FRUIT PUDDING WITH TOPPING</p>	<p>20 6" <u>MEATBALL GRINDER (4-1-OZ) WITH SHREDDED MOZZARELLA</u> INDIVIDUAL BAKED CHEETOS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT JELL-O WITH TOPPING</p>	<p>21 World Gratitude Day <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE</p>	<p>22 PIZZA OF THE DAY SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>	<p>23 First Day of Autumn <u>"SPICY" CHICKEN PATTIE ON A ROLL W/ CONDIMENTS</u> BAKED POTATO WEDGES VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...</p>
<p>STUDENTS CAN SUBSTITUTE: * YOGURTPACK... * DELUXE SALAD TO GO... * SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u></p>	<p>26 5 <u>BAKED CHICKEN O'S WITH DIPPING SAUCE</u> WHIPPED MASHED POTATOES SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT</p>	<p>27 <u>ROASTED TURKEY WITH GRAVY "OVER" MASHED POTATOES</u> WARM DINNER ROLL SEASONED CORN FRESH & CHILLED FRUIT 3 OZ. ASSORTED SUNDAE CUPS</p>	<p>28 Agawam Big "E" Day 5 <u>BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</u> WHIPPED MASHED POTATOES WHIPPED BUTTERNUT SQUASH FRESH & CHILLED FRUIT ORANGE CREAM BAR!!</p>	<p>29 "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE</p>	<p>30 Safety Pin Invented <u>ANNIE'S BUFFALO CHIX WRAP ON A SUN DRIED TOMATO WRAP</u> INDIVIDUAL RANCH DORITOS SEASONED CORN FRESH & CHILLED FRUIT PUDDING WITH TOPPING</p>

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT / CEREAL PACK, DELUXE SALAD TO GO, SANDWICH OF THE DAY AND DAILY SPECIALS AS AN ALTERNATE MEAL.

IF PAYING BY CHECK, PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS