




# OCTOBER 2011

# Agawam Public Schools

**Note: Student Meal Prices \$ 2.00 / Student Milk Price \$.40**

## Junior High School Lunch Menu (7-8)

<b>DAILY ALTERNATES</b> <b>STUDENTS CAN SUBSTITUTE:</b> * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	<b>MONDAY</b> 3 <b>POPCORN CHICKEN BITES WITH DIPPING SAUCE</b> 1 - CUP STEAMED WHITE RICE SEASONED CARROT COINS <b>FRESH &amp; CHILLED FRUIT</b> MINI RICE KRISPIE TREAT	<b>TUESDAY</b> <i>National Golf Day</i> 4 <b>4 BELGIAN WAFFLE STICKS WITH SYRUP FOR DIPPING</b> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS <b>FRESH ORANGE WEDGES</b> 100% JUICE CUP	<b>WEDNESDAY</b> 5 <b>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</b> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED WACKY CAKE</b>	<b>THURSDAY</b> 6 "GILARDI'S" "ULTRA-GRAIN" <b>STUFFED CRUST CHEESE PIZZA</b> SALAD WITH LITE DRESSING <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED COOKIE</b>	<b>FRIDAY</b> 7 <b>MANAGER'S CHOICE...</b> 
<b>STUDENTS CAN SUBSTITUTE:</b> * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	10  <b>NO SCHOOL</b>	<i>Eleanor Roosevelt's Birthday</i> 11  <b>NO SCHOOL</b>	12 <b>8 BAKED CHICKEN STICKS WITH DIPPING SAUCE</b> 1 - CUP STEAMED WHITE RICE SEASONED GREEN BEANS <b>FRESH &amp; CHILLED FRUIT</b> MINI RICE KRISPIE TREAT	13 "GILARDI'S" "ULTRA-GRAIN" <b>5" CHEESE PIZZA ROUND</b> SALAD WITH LITE DRESSING <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED COOKIE</b>	14 <b>(8X1) HOT DOG ON A ROLL WITH CONDIMENTS</b> INDIVIDUAL BAKED CHEETOS <b>FRESH CHOPPED COLE SLAW</b> <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED BROWNIE</b>
<b>STUDENTS CAN SUBSTITUTE:</b> * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	17 <b>5 BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</b> STEAMED WHITE RICE SEASONED SWEET GREEN PEAS <b>FRESH &amp; CHILLED FRUIT</b> MINI RICE KRISPIE TREAT	<i>Little Orphan Annie's Birthday</i> 18 <b>BAKED POTATO BAR WITH ALL THE FIXINGS</b> 	19 <b>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</b> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED WACKY CAKE</b>	<i>Mickey Mantle's Birthday</i> 20 <b>DOMINO'S PIZZA DAY</b> 	21 <b>CHEESE-BURGER ON A ROLL W/ LETTUCE &amp; TOMATOES</b> OVEN BAKED FRENCH FRIES VEGETABLE OF THE DAY... <b>FRESH &amp; CHILLED FRUIT</b> DESSERT OF THE DAY...
<b>STUDENTS CAN SUBSTITUTE:</b> * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	<i>National Bologna Day</i> 24 <b>MADE TO ORDER CHICKEN BOWI'S</b> 	<i>National Denim Day</i> 25 <b>5 FRENCH TOAST STICKS WITH SYRUP FOR DIPPING</b> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS <b>FRESH ORANGE WEDGES</b> 100% JUICE CUP	26 <b>AMERICAN CHOP SUEY WITH PARMESAN CHEESE</b> <b>WARM BOSCO STICK...</b> SEASONED GREEN BEANS <b>FRESH &amp; CHILLED FRUIT</b> <b>PUDDING WITH OREO TOPPING</b>	27 <b>SCHOOL MADE HOGAN'S... CALZONES</b> SALAD WITH LITE DRESSING <b>FRESH &amp; CHILLED FRUIT</b> <b>SCHOOL BAKED COOKIE</b>	<i>Theodore Roosevelt's B-Day</i> 28 <b>TURKEY RANCH WRAP ON A TOMATO BASIL WRAP</b> INDIVIDUAL CHIP OF THE DAY VEGETABLE OF THE DAY... <b>FRESH &amp; CHILLED FRUIT</b> DESSERT OF THE DAY...
<b>STUDENTS CAN SUBSTITUTE:</b> * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	<i>Happy Halloween!!</i> 31 <b>5 BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</b> WHIPPED MASHED POTATOES WHIPPED BUTTERNUT SQUASH <b>FRESH &amp; CHILLED FRUIT</b> <b>ORANGE CREAM BAR</b>	1 <b>NEED THE MENU...???</b> <b>GO TO...</b> <a href="http://www.agawampublicschools.org">www.agawampublicschools.org</a> * <b>CLICK ON YOUR SCHOOL</b> * <b>CLICK ON LUNCH MENU</b> * <b>CLICK ON THE MONTH</b>	2 <b>ATTENTION:</b> <b>FILL OUT AND RETURN STUDENT LUNCH "APPLICATION(S)" AS SOON AS POSSIBLE!!</b>	3 <b>STUDENTS CAN REQUEST:</b> * YOGURT PACK... * DELUXE SALAD... * SANDWICH OF THE DAY... * DAILY SPECIALS... <b>AS A DAILY ALTERNATE MEAL</b>	4 <b>ATTENTION:</b> <b>IF YOU HAVE ANY QUESTIONS ABOUT THE FOOD SERVICE PROGRAM, PLEASE CONTACT JOE LECUYER, (FSD) @ 821-0559 - (6 AM - 3 PM)</b>

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.  
 FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.  
 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$ .40 PER CARTON  
 STUDENTS CAN SUBSTITUTE: YOGURT / CEREAL PACK, DELUXE SALAD TO GO, SANDWICH OF THE DAY AND DAILY SPECIALS AS AN ALTERNATE MEAL.  
 IF PAYING BY CHECK, PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"  
 BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS