

# OCTOBER 2011

# Agawam Public Schools

**Note: Student Meal Prices \$ 1.75 / Student Milk Price \$.40**

## Elementary School Lunch Menu (K-4)

<b>DAILY ALTERNATES</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL!!</u>	<b>3</b> <u>POPCORN CHICKEN BITES WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE SEASONED CARROT COINS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<b>4</b> <i>National Golf Day</i> <u>MINI MAPLE PANCAKE BITES WITH SYRUP FOR DIPPING</u> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS FRESH ORANGE WEDGES 100% JUICE CUP	<b>5</b> <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	<b>6</b> "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH <u>LITE</u> DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	<b>7</b> <i>Grab and go Lunch</i> <u>SHAVED HAM &amp; CHEESE ON WHOLE WHEAT BREAD</u> SMART FOOD POPCORN FRESH MINI BABY CARROTS 4-OZ. APPLE & EVE JUICE BOX 2 PACK OREO COOKIE
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	<b>10</b>  <b>NO SCHOOL</b>	<b>11</b> <i>Eleanor Roosevelt's Birthday</i>  <b>NO SCHOOL</b>	<b>12</b> <b>8 BAKED CHICKEN STICKS WITH DIPPING SAUCE</b> 1 - CUP STEAMED WHITE RICE SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<b>13</b> "GILARDI'S" "ULTRA-GRAIN" <b>5" CHEESE PIZZA ROUND</b> SALAD WITH <u>LITE</u> DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	<b>14</b> <b>(8X1) HOT DOG ON A ROLL WITH CONDIMENTS</b> INDIVIDUAL BAKED CHEETOS FRESH CHOPPED COLE SLAW FRESH & CHILLED FRUIT SCHOOL BAKED BROWNIE
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	<b>17</b> <b>5 BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</b> STEAMED WHITE RICE SEASONED SWEET GREEN PEAS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<b>18</b> <i>Little Orphan Annie's Birthday</i> <b>6 MINI CHICKEN CORN DOGS WITH KETCHUP FOR DIPPING</b> WHIPPED MASHED POTATOES SEASONED CORN FRESH & CHILLED FRUIT PUDDING WITH TOPPING	<b>19</b> <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	<b>20</b> <i>Mickey Mantle's Birthday</i> "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH <u>LITE</u> DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	<b>21</b> <u>CHEESE-BURGER ON A ROLL W/ LETTUCE &amp; TOMATOES</u> OVEN BAKED FRENCH FRIES VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	<b>24</b> <i>National Bologna Day</i> <b>5 BAKED CHICKEN O'S WITH DIPPING SAUCE</b> WHIPPED MASHED POTATOES SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<b>25</b> <i>National Denim Day</i> <b>5 FRENCH TOAST STICKS WITH SYRUP FOR DIPPING</b> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS FRESH ORANGE WEDGES 100 % JUICE CUP	<b>26</b> <u>BBQ "BEEF" RIB B-QUE SANDWICH ON A ROLL</u> *** <u>SIDE OF MAC AND CHEESE</u> VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT PUDDING WITH TOPPING	<b>27</b> <b>PIZZA OF THE DAY</b> SALAD WITH <u>LITE</u> DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	<b>28</b> <i>Theodore Roosevelt's B-Day</i> <u>CHICKEN PATTIE SANDWICH ON A ROLL W/ CONDIMENTS</u> BAKED POTATO WEDGES VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <u>AS A MAIN MEAL</u>	<b>31</b> <i>Happy Halloween!!</i> <b>5 BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</b> WHIPPED MASHED POTATOES WHIPPED BUTTERNUT SQUASH FRESH & CHILLED FRUIT ORANGE CREAM BAR	<b>1</b> <b>NEED THE MENU...???</b> GO TO... <a href="http://www.agawampublicschools.org">www.agawampublicschools.org</a> * <b>CLICK ON YOUR SCHOOL</b> * <b>CLICK ON LUNCH MENU</b> * <b>CLICK ON THE MONTH</b>	<b>2</b> <b>ATTENTION:</b> <b>FILL OUT AND RETURN STUDENT LUNCH "APPLICATION(S)" AS SOON AS POSSIBLE!!</b>	<b>3</b> <b>ATTENTION:</b> <b>"TICKETS" ARE SOLD AND DISTRIBUTED IN THE CLASSROOMS EVERY MONDAY MORNING</b>	<b>4</b> <b>ATTENTION:</b> <b>IF YOU HAVE ANY QUESTIONS ABOUT THE FOOD SERVICE PROGRAM, PLEASE CONTACT JOE LECUYER, (FSD)</b> <b>@ 821-0559 - (6 AM - 3 PM)</b>

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$ .40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.

PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS