






# FEBRUARY 2012

# Agawam Public Schools

**Note: Student Meal Prices \$ 2.00 / Student Milk Price \$.40**

## Elementary School Lunch Menu (K-4)

<b>DAILY ALTERNATES</b> STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL!!</b>	<b>MONDAY</b>  8 <b>BAKED CHICKEN STICKS WITH DIPPING SAUCE</b> 1 - CUP STEAMED WHITE RICE SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<b>TUESDAY</b> <i>Backwards Day</i> 5 <b>BAKED FRENCH TOAST STICKS WITH SYRUP FOR DIPPING</b> BAKED POTATO ROUNDS 2 - 1 OZ SAUSAGE LINKS FRESH ORANGE WEDGES 100 % JUICE CUP	<b>WEDNESDAY</b>  BUTTERED NOODLES <b>W/ MEAT SAUCE ON THE SIDE</b> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	<b>THURSDAY</b> <i>Groundhog Day</i> "GILARDI'S" "ULTRA-GRAIN" <b>QUESADILLA CHEESE PIZZA</b> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	<b>FRIDAY</b> <i>GO Patriots...!!!!</i> "FOOT" LONG HOT DOG <b>ON A ROLL WITH CONDIMENTS</b> SEASONED BAKED BEANS FRESH CHOPPED COLE-SLAW FRESH & CHILLED FRUIT SCHOOL BAKED BROWNIE
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL</b>	<i>Babe Ruth's Birthday</i> 5 <b>BAKED CHICKEN O'S WITH DIPPING SAUCE</b> STEAMED WHITE RICE SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	6 <b>MINI CHICKEN CORN DOGS WITH KETCHUP FOR DIPPING</b> WHIPPED MASHED POTATOES SEASONED CORN FRESH & CHILLED FRUIT JELL-O WITH TOPPING	8 <b>CHEESE-BURGER ON A ROLL W/ LETTUCE &amp; TOMATOES</b> OVEN BAKED FRENCH FRIES VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT PUDDING WITH TOPPING	9 "GILARDI'S" "ULTRA-GRAIN" <b>STUFFED CRUST CHEESE PIZZA</b> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	10 <b>CHICKEN PATTIE SANDWICH ON A ROLL W/ CONDIMENTS</b> INDIVIDUAL BAKED CHEETOS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL</b>	13 <b>POPCORN CHICKEN BITES WITH DIPPING SAUCE</b> WHIPPED MASHED POTATOES SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	<i>Valentine's Day</i> 5 <b>BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</b> WHIPPED MASHED POTATOES SEASONED CORN FRESH & CHILLED FRUIT VANILLA CAKE W/ RED ICING	<i>Flag Day</i> 15 BUTTERED NOODLES <b>W/ MEAT SAUCE ON THE SIDE</b> WARM FRENCH BREADSTICK ITALIAN MIX VEGETABLES FRESH & CHILLED FRUIT JELL-O WITH TOPPING	16 "GILARDI'S" 3 <b>Max-Snax Totally Taco Pizza Wedges...w/ Salsa</b> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT OTIS' SPUNKMEYER BAKED COOKIE	17 <b>GRAB &amp; GO BAG LUNCH... 17 "SHAVED" HAM &amp; CHEESE ON WHOLE WHEAT BREAD</b> INDIVIDUAL CAPE-COD CHIPS FRESH MINI BABY CARROTS 4-OZ. APPLE & EVE JUICE BOX 2 PACK OREO COOKIE
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL</b>	20 <b>PRESIDENTS' DAY...</b>  <b>WINTER VACATION</b>	21 <b>PUT A LITTLE FITNESS INTO YOUR WEEK...</b>  <b>WINTER VACATION</b>	22 <i>Ash Wednesday</i> <b>YOU CAN DO IT...KEEP MOVING...</b>  <b>WINTER VACATION</b>	23 <b>SEE HOW MANY YOU CAN DO...</b>  <b>WINTER VACATION</b>	24 <b>LAST DAY...HIT THE SLOPES...</b>  <b>WINTER VACATION</b>
STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL</b>	<i>No-Brainer Day</i> 27 5 <b>BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</b> WHIPPED MASHED POTATOES SEASONED SWEET PEAS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	28 "PILLSBURY" <b>MINI PANCAKES WITH SYRUP FOR DIPPING</b> BAKED POTATO ROUNDS 2 - 1 OZ SAUSAGE LINKS FRESH ORANGE WEDGES 100 % JUICE CUP	<i>Leap Day</i> 29 BUTTERED NOODLES <b>W/ MEAT SAUCE ON THE SIDE</b> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	1 STUDENTS CAN SUBSTITUTE: * YOGURT PACK TO GO... * DELUXE SALAD TO GO... * GRILLED CHEESE... * SANDWICH OF THE DAY... <b>AS A MAIN MEAL</b>	2 <b>NEED THE MENU... PLEASE GO TO</b> <a href="http://www.agawampublicschools.org">www.agawampublicschools.org</a> * <b>CLICK ON YOUR SCHOOL</b> * <b>CLICK ON LUNCH MENU</b> * <b>CLICK ON THE MONTH</b>

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.  
 FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.  
 8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON  
 STUDENTS CAN SUBSTITUTE: YOGURT PACK, DELUXE SALAD, GRILLED CHEESE SANDWICH, OR SANDWICH OF THE DAY AS AN ALTERNATE MEAL.  
 PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"  
 BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS