









DECEMBER 2011

Agawam Public Schools

Note: Student Meal Prices \$ 2.00 / Student Milk Price \$.40

Junior High School Lunch Menu (7-8)

DAILY ALTERNATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS CAN SUBSTITUTE: * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	28 8 <u>BAKED CHICKEN STICKS WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE SEASONED GREEN PEAS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	30 <u>CHICKEN CAESAR WRAP ON A MEDITERRANEAN WRAP</u> INDIVIDUAL CAPE-COD CHIPS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...	30 <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREADSTICK CALIFORNIA MIX VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	1 "GILARDI'S" "ULTRA-GRAIN" <u>STUFFED CRUST CHEESE PIZZA</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	2 <u>6" MEATBALL GRINDER (4-1-OZ) WITH SHREDDED MOZZARELLA</u> INDIVIDUAL BAKED CHEETOS VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT PUDDING WITH TOPPING
STUDENTS CAN SUBSTITUTE: * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	5 6 <u>BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	6 <u>(8X1) HOT DOG ON A ROLL WITH CONDIMENTS</u> OVEN BAKED POTATO WEDGES FRESH CHOPPED COLE SLAW FRESH & CHILLED FRUIT SCHOOL BAKED BROWNIE	7 <u>AMERICAN CHOP SUEY WITH PARMESAN CHEESE</u> <u>STUFFED BOSCO BREAD STICK</u> SEASONED CORN FRESH & CHILLED FRUIT JELL-O WITH TOPPING	8 DISTRICT HALF - DAY...  LUNCH WILL NOT BE SERVED!!	9 <u>ASSORTED CHICKEN PATTIE SANDWICHES ON A ROLL</u> INDIVIDUAL CHIPS OF THE DAY VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
STUDENTS CAN SUBSTITUTE: * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	12 5 <u>BAKED CHICKEN O'S WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE SEASONED GREEN BEANS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	13 5 <u>BAKED FRENCH TOAST STICKS WITH SYRUP FOR DIPPING</u> BAKED POTATO ROUNDS 2 - 1-OZ SAUSAGE LINKS FRESH & CHILLED FRUIT 100 % JUICE CUP	14 <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u> WARM FRENCH BREAD STICK ITALIAN MIXED VEGETABLES FRESH & CHILLED FRUIT SCHOOL BAKED WACKY CAKE	15 <u>PIZZA OF THE DAY</u> SALAD WITH LITE DRESSING FRESH & CHILLED FRUIT SCHOOL BAKED COOKIE	16 <u>CHAR-GRILLED BURGER ON A ROLL W/ CONDIMENTS</u> OVEN BAKED FRENCH FRIES VEGETABLE OF THE DAY... FRESH & CHILLED FRUIT DESSERT OF THE DAY...
STUDENTS CAN SUBSTITUTE: * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	19 <u>POPCORN CHICKEN BITES WITH DIPPING SAUCE</u> 1 - CUP STEAMED WHITE RICE SEASONED CARROT COINS FRESH & CHILLED FRUIT MINI RICE KRISPIE TREAT	20 5 <u>BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</u> WHIPPED MASHED POTATOES WHIPPED BUTTERNUT SQUASH FRESH & CHILLED FRUIT DESSERT OF THE DAY...	21 <u>ROASTED TURKEY WITH GRAVY "OVER" MASHED POTATOES</u> WARM DINNER ROLL SEASONED CORN FRESH & CHILLED FRUIT 3 OZ. ASSORTED SUNDAE CUPS	22 MANAGER'S CHOICE 	23 DISTRICT HALF - DAY...  LUNCH WILL NOT BE SERVED
STUDENTS CAN SUBSTITUTE: * YOGURT PACK... *DELUXE SALAD TO GO... **SANDWICH OF THE DAY... * DAILY SPECIALS... <u>AS A MAIN MEAL</u>	26 HOLIDAY - RECESS... 	27 HOLIDAY - RECESS... 	28 HOLIDAY - RECESS... 	29 HOLIDAY - RECESS... 	30 HOLIDAY - RECESS... 

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, DELUXE SALAD TO GO, SANDWICH OF THE DAY AND DAILY SPECIALS AS AN ALTERNATE MEAL.

IF PAYING BY CHECK, PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS