









# DECEMBER 2011

# Agawam Public Schools

**Note: Student Meal Prices \$ 1.75 / Student Milk Price \$.40**

## Elementary School Lunch Menu (K-4)

| <u>DAILY ALTERNATES</u>   | <u>MONDAY</u>  | <u>TUESDAY</u>   | <u>WEDNESDAY</u>   | <u>THURSDAY</u>   | <u>FRIDAY</u>  |
|---|--|--|--|---|--|
| STUDENTS CAN SUBSTITUTE:<br>* YOGURT PACK TO GO...<br>* DELUXE SALAD TO GO...<br>* GRILLED CHEESE...<br>* SANDWICH OF THE DAY...<br><u>AS A MAIN MEAL!!</u> | 28   | 29   | 30   | 1   | 2  |
|   | 8 <u>BAKED CHICKEN STICKS WITH DIPPING SAUCE</u><br>1 - CUP STEAMED WHITE RICE<br>SEASONED GREEN PEAS<br>FRESH & CHILLED FRUIT<br>MINI RICE KRISPIE TREAT      | <u>CHEESE-BURGER ON A ROLL W/ LETTUCE &amp; TOMATOES</u><br>OVEN BAKED FRENCH FRIES<br>SEASONED GREEN BEANS<br>FRESH & CHILLED FRUIT<br>JELL-O WITH TOPPING        | <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u><br>WARM FRENCH BREADSTICK<br>CALIFORNIA MIX VEGETABLES<br>FRESH & CHILLED FRUIT<br>SCHOOL BAKED WACKY CAKE | "GILARDI'S"<br>"ULTRA-GRAIN"<br><u>STUFFED CRUST CHEESE PIZZA</u><br>SALAD WITH <u>LITE DRESSING</u><br>FRESH & CHILLED FRUIT<br>SCHOOL BAKED COOKIE  | (8X1) <u>HOT DOG ON A ROLL WITH CONDIMENTS</u><br>SMART FOOD POPCORN<br>VEGETABLE OF THE DAY...<br>FRESH & CHILLED FRUIT<br>DESSERT OF THE DAY...          |
| STUDENTS CAN SUBSTITUTE:<br>* YOGURT PACK TO GO...<br>* DELUXE SALAD TO GO...<br>* GRILLED CHEESE...<br>* SANDWICH OF THE DAY...<br><u>AS A MAIN MEAL</u>   | 5  | 6  | 7  | 8   | 9  |
|   | 5 <u>BAKED CHICKEN NUGGETS WITH DIPPING SAUCE</u><br>1 - CUP STEAMED WHITE RICE<br>VEGETABLE OF THE DAY...<br>FRESH & CHILLED FRUIT<br>MINI RICE KRISPIE TREAT | 6 <u>MINI CHICKEN CORN DOGS WITH KETCHUP FOR DIPPING</u><br>WHIPPED MASHED POTATOES<br>SEASONED CARROT COINS<br>FRESH & CHILLED FRUIT<br>PUDDING WITH TOPPING      | <u>LAYERED MEXICAN TACO PIE WITH THE WORKS!!</u><br>1 - CUP STEAMED WHITE RICE<br>SEASONED CORN<br>FRESH & CHILLED FRUIT<br>***MINI CORN BREAD MUFFIN        | DISTRICT HALF - DAY...<br><br>LUNCH WILL NOT BE SERVED!!   | <u>CHICKEN PATTIE SANDWICH ON A ROLL W/ CONDIMENTS</u><br>BAKED POTATO WEDGES<br>VEGETABLE OF THE DAY...<br>FRESH & CHILLED FRUIT<br>DESSERT OF THE DAY... |
| STUDENTS CAN SUBSTITUTE:<br>* YOGURT PACK TO GO...<br>* DELUXE SALAD TO GO...<br>* GRILLED CHEESE...<br>* SANDWICH OF THE DAY...<br><u>AS A MAIN MEAL</u>   | 12   | 13   | 14   | 15  | 16   |
|   | 5 <u>BAKED CHICKEN O'S WITH DIPPING SAUCE</u><br>1 - CUP STEAMED WHITE RICE<br>SEASONED GREEN BEANS<br>FRESH & CHILLED FRUIT<br>MINI RICE KRISPIE TREAT        | 5 <u>BAKED FRENCH TOAST STICKS WITH SYRUP FOR DIPPING</u><br>BAKED POTATO ROUNDS<br>2 - 1-OZ SAUSAGE LINKS<br>FRESH & CHILLED FRUIT<br>100 % JUICE CUP             | <u>BUTTERED NOODLES W/ MEAT SAUCE ON THE SIDE</u><br>WARM FRENCH BREAD STICK<br>ITALIAN MIXED VEGETABLES<br>FRESH & CHILLED FRUIT<br>SCHOOL BAKED WACKY CAKE | <u>PIZZA OF THE DAY</u><br>SALAD WITH <u>LITE DRESSING</u><br>FRESH & CHILLED FRUIT<br>SCHOOL BAKED COOKIE  | <u>CHAR-GRILLED BURGER ON A ROLL W/ CONDIMENTS</u><br>OVEN BAKED FRENCH FRIES<br>VEGETABLE OF THE DAY...<br>FRESH & CHILLED FRUIT<br>DESSERT OF THE DAY... |
| STUDENTS CAN SUBSTITUTE:<br>* YOGURT PACK TO GO...<br>* DELUXE SALAD TO GO...<br>* GRILLED CHEESE...<br>* SANDWICH OF THE DAY...<br><u>AS A MAIN MEAL</u>   | 19   | 20   | 21   | 22  | 23   |
|   | <u>POPCORN CHICKEN BITES WITH DIPPING SAUCE</u><br>1 - CUP STEAMED WHITE RICE<br>SEASONED CARROT COINS<br>FRESH & CHILLED FRUIT<br>MINI RICE KRISPIE TREAT     | 5 <u>BAKED MOZZARELLA STICKS WITH MARINARA SAUCE</u><br>WHIPPED MASHED POTATOES<br>WHIPPED BUTTERNUT SQUASH<br>FRESH & CHILLED FRUIT<br>3 OZ. ASSORTED SUNDAE CUPS | <u>MANAGER'S CHOICE</u><br>  | <u>GRAB &amp; GO BAG LUNCH</u><br><u>SHAVED HAM &amp; CHEESE ON WHOLE WHEAT BREAD</u><br>SMART FOOD POPCORN<br>FRESH MINI BABY CARROTS<br>4-OZ. APPLE & EVE JUICE BOX<br>2 PACK OREO COOKIE | DISTRICT HALF - DAY...<br><br>LUNCH WILL NOT BE SERVED                 |
| STUDENTS CAN SUBSTITUTE:<br>* YOGURT PACK TO GO...<br>* DELUXE SALAD TO GO...<br>* GRILLED CHEESE...<br>* SANDWICH OF THE DAY...<br><u>AS A MAIN MEAL</u>   | 26   | 27   | 28   | 29  | 30   |
|   | HOLIDAY - RECESS...<br>   | HOLIDAY - RECESS...<br>   | HOLIDAY - RECESS...<br>   | HOLIDAY - RECESS...<br>  | HOLIDAY - RECESS...<br>   |

OUR MEALS INCLUDE 5 COMPONENTS: BREAD, MEAT OR MEAT ALTERNATIVE, FRUIT, VEGETABLE, AND MILK.

FEDERAL GUIDELINES REQUIRE THAT EACH CHILD TAKES A MINIMUM 3 OUT OF 5 SELECTIONS TO CONSTITUTE A MEAL.

8 OZ. MILK COMES WITH ALL MEALS!! INDIVIDUAL MILKS CAN BE PURCHASED FOR \$.40 PER CARTON

STUDENTS CAN SUBSTITUTE: YOGURT PACK, GRILLED CHEESE SANDWICH, SANDWICH OF THE DAY OR DELUXE SALAD TO GO AS AN ALTERNATE MEAL.

PLEASE MAKE CHECKS PAYABLE TO "AGAWAM SCHOOL LUNCH DEPARTMENT"

BOUNCED CHECK FEES: THE TOWN OF AGAWAM WILL IMPOSE A \$ 25.00 FEE ON CHECKS RETURNED DUE TO INSUFFICIENT FUNDS